

# Magickal Hibernation

February 27-March 1, 2009  
The Inn at Grand Glaize, Osage Beach, MO

## Workshop Descriptions

### **Working with the Celtic Tree Calendar with Mickie Mueller - 1 hour**

Discover the basis of this system first put forth by poet Robert Graves based upon the Celtic Ogham alphabet in his book "The White Goddess". We will discuss the historical significance of the Ogham how to work with the Celtic Tree Calendar, learning practical ways to celebrate the turning Wheel of the Year and work magick within a grove of Celtic tree lore. Included will be handouts, and short rituals for each moon of the Celtic Tree year.

### **Reiki, The Gift of Healing Hands Workshop with Mickie Mueller - 1 1/2 hours**

Reiki is a Japanese technique for stress reduction and relaxation using "laying on of hands" that also promotes healing using universal life force energy. Reiki Master/ Teacher Mickie Mueller will lecture on what Reiki is, and how to apply it, and will provide handouts on hand positions, charkas, and a reading list. At the end of this lecture, anyone who wishes may receive a reiki attunement.

### **The Witches' Sabbats with Mike Nichols - 2 hours**

Unlike many modern authors who stress rituals or activities for the eight Wiccan holidays, Mike draws upon classic studies in folklore and mythology to uncover the earliest folk customs, lore, terminology, and symbolism associated with each of the eight Sabbats. He demonstrates how these oldest of Pagan holidays were appropriated by the Christian liturgical calendar, often with the same Gods and their rites only thinly veiled. As opposed to being isolated events, Mike stresses how the eight Witches' Sabbats relate to one another and how, taken as a whole, they form the great mandala of the solar year and its seasons.

### **Polyamory for Pagans with Sionna Lochlainn and Mike Nichols - 2 hours**

Discover a lifestyle beyond monogamy. Ethics, health, relationship dynamics and spirituality will all be included in our discussion, as well as a short cultural history of non-monogamy. There will be practical tips on dealing with jealousy, communication, dating and taking care of yourself, as well as your significant other. At the end of the class, we will provide an open forum for questions. An optional handout packet will be available for \$5. Sionna has been providing workshops on polyamory since 1990, and Mike is a longtime student and advocate of open relationships who incorporates the topic into his Witchcraft classes

### **Dream Analysis with James Nammack - 1 hour**

Our Dreams are emanations of the deepest and most powerful aspects of our lives. Each and every dream is an attempt by that primordial energy to guide us in directions that will be far more rewarding and fulfilling for us as individuals. By understanding some principles of dream. Analysis, and using a deck of playing cards or tarot card to further decipher them, we can revolutionize our lives from top to bottom.

### **In the Lotus Pool with John Brazaitis - 1 1/2 hours**

This workshop is offered to those interested in exploring Reclaiming style trance/guided meditation. The first part of the workshop will discuss trance techniques and magickal dos and don'ts. The second part of the workshop will be a short trance, based on Egyptian tradition, exploring our world, the ancestor's, the Gods. His workshop is intended for adults and teens.

### **Metaphysical Properties of Stones & Crystals by Crystal Keeper - 1 hour**

Join in on a hands on experience, working with the inherent energies of stones and crystals. Crystal Keeper is from the Rock Shop at Jacob's Cave and has made many studies on a variety of minerals. She will also have a booth for purchasing the ones that may talk to you.

### **Drumming – Drumming with the Elves - Devan and Nerethel 1 1/2 hours**

"It began, as all things do, with a sound." Devan There are many ways to teach drumming, and this is not one of them. ::grin:: This hands-on workshop is designed to help you drum from your intuition. Everyone can drum, but classes often keep them from trying. This workshop explores elven drumming, a mixture of art and play. Make magic with your own personal rhythm. "...the true test of elven magic/is the way it makes you feel/forget your cares and troubles/forget your problems too/if you bring a drum and play along/you'll be elven too!"

**Basic Ritual Skills and Etiquette with Butterfly - Basic energy work including grounding and centering and ritual etiquette review. Very good for those who have not experienced ritual or who just want a quick review.**